

The Carbon Chronicle

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FOR SALE—Six Room House to be moved. —For particulars apply to Mrs. Ruth Marshman, Carbon, phone 604.

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THE CARBON CHRONICLE

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Mrs. Doug Prowse, Editor
George Wheeler, Publisher

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Barbara Robinson, a visitor from England, is spending the summer at the home of Mr. and Mrs. C. Cave.

Miss Lorraine Milligen spent the weekend in Carbon prior to her marriage on July 1st to Mr. Dale Poxon.

A very successful dance was held in the Scout Hall on Friday, June 26th. This dance sponsored by the I.O.D.E. was the annual Rose Ball, and despite the bad roads attracted a very large crowd. The winner of the sheets and pillow slips was Mr. Bill Hummil. The hamper went to Mrs. Haufman and the box of chocolates was won by Mr. C. Nash.

ANNUAL LEGION PICNIC

The annual Legion Picnic was held in the park on Sunday, June 28th. The picnic supper was held in the hall because of the inclement weather but swimming and games were enjoyed by all. A ball game was played in the park in the evening.

LEGION AUXILIARY FORMED

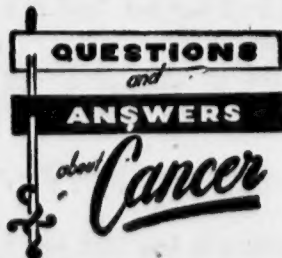
A meeting of the B.E.S.L. Auxiliary was held in the Legion Hall on Monday, June 29th. Mrs. Dexter, provincial president, was speaker for the evening and outlined the procedure for organizing a branch in Carbon.

The officers of the Carbon branch are:

President.....Mrs. Walter Permann
Vice-President.....Mrs. J. Woods
Treasurer.....Mrs. Leo Brown
Secretary.....Mrs. Alice Hay
A committee to work with the executive includes Mrs. George Appleyard, Mrs. Gordon Hunt, Mrs. Sid Cannings, Mrs. Steve Homenuik, Mrs. Bert Bramley and Mrs. Fred Schmierer.

At this first meeting the charter members were initiated and presented with pins, constitution books and cards.

All meetings are to be held on the fourth Monday of the month.



QUESTION: What should be done to prevent cancer of the mouth?
ANSWER: Have all jagged teeth repaired or removed. Do not use an ill-fitting dental plate that causes sores on the gum. Consult your doctor should white spots appear in the mouth or on the tongue.

Write for Free Literature
CANADIAN CANCER SOCIETY
DRUMHELLER, ALBERTA



EDWARDS—FLAWS

Bouquets of mixed spring flowers formed the setting for the afternoon wedding in the Bassano Knox Church on June 27th of Mary, only daughter of Mr. James Flaws and the late Mrs. Flaws of Carbon, and Robert Edwards, son of Mr. and Mrs. Chester Edwards of Bassano. Rev. Smitheram officiated.

Given in marriage by her father, the bride wore a gown of pink nylon net over taffeta. The fitted bodice was styled with an insert of white flowered lace centred with rhinestones and had a short sleeved bolero. She wore a small pink hat to match. She carried a bouquet of red roses. Her only jewelry was a rhinestone necklace with earrings to match a gift from the groom.

Miss Sheila Mae Edwards, sister of the groom, was bridesmaid and wore a gown of mauve nylon net and lace over taffeta. She carried a bouquet of yellow roses.

Mr. David Flaws, brother of the bride, was best man and the ushers were Mr. Gordon Edwards and Mr. Mervin Edwards, brothers of the groom.

Roses and spring flowers formed the floral decorations for the reception held at the home of the groom's parents, Mr. and Mrs. Chester Edwards. The bridal table was centred with a three tier wedding cake. Rev. Smitheram proposed the toast to the bride and the groom and best man responded.

For her wedding trip to the U.S.A., the bride changed to a grey suit with white accessories. Her corsage was of red roses.

TETZ—BORGARDT

The Evangelical United Brethren Church of Calgary was the scene of a lovely wedding on June 20th when Miss Mary Lydia Borgardt became the bride of Mr. Henry Tetz, all of Calgary. Ferns, palms and bouquets of peonies and lilacs decorated the church where Rev. F. W. Snyder performed the double ring ceremony.

Escorted to the altar by her father, the bride wore a train length model gown of white slipper satin with lily point sleeves and featuring a bodice with a net yoke outlined by a ruffle of satin and lace. The front skirt was tucked up with sprays of lilies of the valley, revealing layers of lace which also edged the train. A coronet of orange blossoms topped her train-length veil and she wore the groom's gift of a single strand of pearls. Her bouquet consisted of a dropping array of red roses intermingled with stephanotis.

Preceding the bride to the altar was her sister, Miss Freda Borgardt as maid of honor. She wore a mauve gown of nylon

taffeta complimenting her gown with a pleated halo and gloves to match. She carried a colonial bouquet of mauve carnations. The bridesmaids were Miss Emily Borgardt and Miss Marjorie Leiske. They wore gowns of green and yellow nylon taffeta respectively and also carried colonial bouquets to match their gowns.

The best men were Mr. William Tetz, Mr. Edwin Tetz and Mr. Ronald Vorrath. Guests were ushered by Mr. John Eslinger and Mr. Albert Tetz. Mrs. F. W. Snyder played the wedding music and Rev. L. L. Sukut sang.

Following the reception held in the Horse Inn Cedar Room, the bridal couple left by motor for the mountains. For travelling the bride wore a grey worsted suit topped with a corral coat and white accessories. Her shoes and bag were of snakeskin. Pinned to her shoulder was a corsage of talisman roses.

On their return Mr. and Mrs. Henry Tetz will reside in Calgary.

Ferns and peonies decorated very beautifully the Canadian Union College chapel of College Heights on Tuesday, June 30th at 7:30 p.m. when Norma Jean, only daughter of Mr. and Mrs. William Wetzel of Bentley and Mr. Harvey Miles Beckthold of Calgary, eldest son of Mr. and Mrs. Theo Beckthold of Beiseker

POOL DELEGATE ELECTION

A. C. Bates of Acme and Martin Hecktor of Carbon are candidates in the election for Wheat Pool delegate for sub-district C-7. Pool members in that sub-district will be supplied with post card ballots which must be marked and returned to head office by August 15th.

were united in matrimony.

The bride, given in marriage by her father, wore floor-length net over satin topped with a tight fitted lace jacket with long lily-point sleeves. A finger-tip veil of nylon net hung very neatly from a Juliet style headdress. Her bouquet was rose hearted lilies embedded in red roses.

Attending the bride were Miss Marjorie Leiske of Beiseker, cousin of the bride and groom and Miss Ruby Bader of Medicine Hat. Their dresses were similar gowns of ballerina length in white organdy eyelet over shades of leaf green and pink taffeta. They wore gardenia nosegays on white gloves with matching white pumps and picture hats.

The flower girl was Linda Beckthold, sister of the groom. She wore a matching frock of leaf green and carried a basket of sweet peas.

Attendants of the groom were Mr. Reginald Huether of Trail B.C. and Mr. Ron Vorrath of Beiseker, cousin of the groom.

To make a long
Tale short . . .



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ATTENTION DRIVERS!

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MOTOR VEHICLES BRANCH
DEPARTMENT of
PROVINCIAL SECRETARY

Provincial Secretary
E. C. GERHART

Deputy Provincial Secretary
E. R. HUGHES

Skin Specialist Gives Facts About Sunburn And Its Care

Sunburn is every bit as much a real burn as one you might get by touching something that is too hot, warns Dr. R. Kane Schachter, Toronto skin specialist. The sun is good for people, both in producing vitamin D (which prevents rickets) and as a general tonic combined with summer-time relaxation, but it must be taken in moderation.

In the latest issue of Health magazine, Dr. Schachter gives brief answers to a list of questions people most often ask about sunburn. Here are her answers:

Can sunburn lead to serious consequences, or is it simply a temporary uncomfortable experience?—Yes, it can be serious. With each burn there is damage produced, depending upon the severity of exposure. One may end up with atrophy or scar pigment, depigmentation, and freckle-like lesions, so-called "sailors' skin".

Can sunburn produce skin cancer?—Repeated and chronic damage may eventually lead to skin cancer.

When is sunburn serious enough to warrant visiting a physician?—If there are bad blisters and/or if the person has such symptomatic complaints as headache, nausea and vomiting.

What is the best way to give first aid to a badly burned back?—A simple jelly will help if there are no blisters. If there are blisters use a cold compress and a jelly such as vaseline.

Is there such a thing as a commercial preparation that can be applied to the skin to prevent burning?—A preparation containing para-aminobenzoic acid or esters to screen out the short burning rays of the sun and allow the longer tanning rays through is the most satisfactory to date.

Are some parts of the body more susceptible to sunburn than others?—Yes. Prominent parts, such as the nose, and mucous membranes, such as the lips, are particularly susceptible.

Does overexposure to the sun affect the hair and the eyes as well as the skin?—Hair becomes dry and brittle, and the glare of the sun may produce eyestrain and even a conjunctivitis.

Are children's skins more sensitive to the burning rays of the sun than adults?—Yes. Their bodies have not the protective layers of pigment, and their heat-regulating mechanisms are more sensitive than adults'.

How much exposure to the sun is too much?—Any amount producing redness or swelling—the so-called "erythema dose".

Is it true that fair people burn more readily than those of darker complexion when exposed to the sun?—Yes, because they have not a protective layer of pigment.

Does one burn more or less if the skin is dry or if one is continually in and out of the water as when swimming?—One burns more if in and out of water. In the water there are the added reflected rays of the sun in addition to the direct rays.

Can one stand longer exposure at the end of the summer than first thing in the spring?—One may stand longer exposure at the end of summer because one is more prepared and the sun's rays are less direct.

Patterns

Jiffy Bags!



7023

by Alice Brooks

Crochet your new summer bag in just a few hours! So thrifty, so easy—make two! Lower version is a "switchabout"—make several covers and match them to your summer clothes. Use straw yarn.

Pattern 7023 has fast, easy-to-follow crochet directions.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

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Be sure to write plainly your Name, Address and Pattern Number.

TEN COMPLETE PATTERNS to sew, embroider, crochet—printed in the new 1953 Alice Brooks Needlecraft Book! Plus many more patterns to send for—including ideas for gifts, home accessories, toys, fashions! Send 25 cents now!

Weekly Tip

SOUP

A slice of raw potato added to soup that is too salty will take away that too-salty taste. Boil for a short time and it will be ready to serve.

Canadian consumption of poultry meat was 29.6 pounds per capita in 1952. 3043

Funny and Otherwise

"I didn't like the look of that pretty maid you engaged, so I discharged her this afternoon," said Mrs. Browne.

"Before giving her a chance" asked her husband.

"No, before giving you one."

A passer-by stopped to give two furniture movers a hand with a piano wedged in a doorway. After working strenuously at one end for 10 minutes he stopped pushing.

"We'll never get the thing into the house at this rate," he called. "You try this end."

"Into the house," called back a mover. "We're trying to get the darned thing out!"

Friend (recommending new night club): "I assure you it's a place to which you could take your grandmother."

City Man: "That may be, but I'm thinking of taking my granddaughter."

A woman went to stay with a friend who lived in a rather primitive cottage. As she was preparing to retire, the hostess appeared at the door. "If you should want anything that you haven't got," she said, "Just ask for it. We can show you how you can do without it."

Two backwoodsmen knock on door of cabin.

"Howdy, Joe; me and Ed just found the body of a dead man over there in the holler, and we thought maybe it was you."

"He was about your build, and—"

"Did he have on a flannel shirt?"

"Yup."

"With red and white checks?"

"No, it was plain grey."

(Closing the door)—"Nope, it wasn't me."

At a seaside boarding-house a guest was sawing away at the sinewy knee-joint of a roast chicken leg. At last, waving an arm towards a bottle of sauce on the table, near the landlady's elbow, he said: "Pass the liniment, please, Mrs. McPherson. This seagull has rheumatism."

A farmer who went to a large city to see the sights engaged a room at a hotel and before retiring asked the clerk about the hours for meals.

"We have breakfast from 7 to 11, dinner from 12 to 3, and supper from 6 to 8," explained the clerk.

"Look here," inquired the farmer in surprise, "what time am I going to see the town?"

"I suppose that if you marry my daughter you will expect me to pay your debts?"

"I shouldn't think of putting you to so much trouble," answered the suitor. "You can give me the money, and I'll pay them myself."

Handicap No Drawback To Calgary Girl

CALGARY. — Vivacious, 24-year-old Jean Lapointe is proving that a handicapped person can make a success of life.

Miss Lapointe, who has the use of only one hand, was graduated from the provincial institute of technology and arts here as a trained worker in weaving, ceramics, water colors, leather and metal work. She is as skilful an artisan as anyone who has graduated from Calgary Tech.

After working more than three

years for a Saskatoon insurance firm she enrolled at the institute here, and by the end of her first year had demonstrated so much talent that she was awarded a scholarship for the last two years of the course.

Miss Lapointe's hobby, Siamese cat-breeding, was the inspiration last year for a batik work called "the Siamese cats" which brought her a \$100 award from the Alberta visual art board. Batik is a Malayan method of executing color design on textiles by coating with wax the parts not to be dyed.

Another extra-curricular achievement which provided a successful background was a stage design for the play "The Devil Comes to Alcatraz".

Sold in hundreds of millions

"SALADA" TEA BAGS

Pa's proud of my MAGIC cakes!

Magic Ice-Box Cake

Combine $\frac{3}{4}$ c. melted shortening and 1 c. light corn syrup. Beat in 2 eggs. Sift together 2 c. sifted all-purpose flour, 4 tsp. Magic Baking Powder, $\frac{1}{2}$ tsp. salt; add alternately with $\frac{3}{4}$ c. milk and 1 tsp. vanilla extract to first mixture stirring well after each addition. Bake in 2 greased 9" layer pans in 350° oven 25-30 min. Cool, halve each layer lengthwise making 4 layers.

LEMON FILLING: Blend $\frac{4}{5}$ lbs. flour with $\frac{1}{2}$ c. water to make smooth paste. Add $\frac{3}{4}$ c. water and $\frac{1}{2}$ c. corn syrup. Cook, stirring constantly until thickened. Beat egg yolk; gradually add cooked mixture to it. Return to heat; cook 1 min. Stir in 1 lb. lemon rind, few grains salt and $\frac{1}{2}$ c. juice. Spread filling between layers and on top of cake. Chill. Top with white icing.

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PEGGY



—By Chuck Thurston

Canning Food May Be Dangerous

Food can kill! Canada's leading medical mouthpiece warned of the "mortal dangers sometimes inherent in home-preserved foodstuffs which have not been sufficiently heated prior to consumption."

In a review of human botulism in Canada, the Canadian Medical Journal stated that "over the period 1919 to 1952, there have been 10 known occurrences of botulism in Canada. These have involved 56 persons, of whom 31 died."

"It seems probable that greater diagnostic alertness would reveal a higher incidence of human botulism in Canada than is currently apparent."

The foodstuffs implicated in the various outbreaks described in the articles are commercially canned beets, home-canned tomatoes, uncooked salmon eggs, home-canned fish, home-canned salmon, uncooked seal meat, home-canned asparagus, home-canned beef, home-pickled herring and home-pickled trout.

The writer of the article, Dr. C. E. Dolman of Vancouver, states that "botulism is liable to be mistaken for conditions ranging from poliomyelitis and myasthenia gravis to influenza or some form of chemical poisoning."

The most recent case, as described by the author, involved a healthy, 42-year-old man, weighing about 140 pounds, who opened a jar of home-pickled trout cutlets and ate most of the contents.

"A few hours later he vomited and the following day was nauseated and constipated. Over the next two days, nausea and constipation persisted, and there was increasing general malaise."

The patient was admitted to hospital on the fifth day. He died 18 days after consuming the trout. The investigation carried out in connection with the portion of uneaten trout showed that "the general appearance and odour were quite appetizing, with no signs of fermentation."

WOODPECKER MADE EXIT BY FLOOR

BEAVERTON.—A woodpecker has done more than \$100 damage to A. L. Sanagan's newly-built summer cottage near here. The bird entered the house through a bedroom window. Unable to find the broken pane to get out he pecked a hole in the floor nine feet by five inches and crawled out from under the cottage.

STANDARD BRIDGE

By M. Harrison-Gray

Dealer: North
North-South game

N. 6 8 7 4 3
K J 8
W. 10 9 8 7 6 5 4 3 2
J 10 9 8 7 6 5 4 3 2
S. A K 7 5 4 3
Q 3 10 5 3
E. 10 K 10 9 8
7 6 4 3
Q 6 5 2

Many years ago, the perfect sign-off was patented by an old lady armed with an ear trumpet and partial to playing the hand. This pairs contest deal shows the system in operation.

Her partner having opened One Heart, South bid One Spade and pushed the ear trumpet across the table. North rebid Hearts, so South called Two Spades in firmer tones and again listened in. When North bid Two No-Trumps, South hissed "Three Spades" with utter finality and placed the ear trumpet with a loud thump on the floor.

This marked the end of the conversation, and Three Spades, just made, was the only North-South plus score on the deal. Under the present laws, South's dextrous use of the ear trumpet might be classified as an "improper gesture."

ANSWERS TO QUICK QUIZ

ANSWERS. 5. Less than one-quarter. 3. Great Bear in the N.W.T. 1. Manufacturers, three to four times the value of agriculture, which is second. 4. More than 50 years. 2. Live stock and poultry; dairy products rank second.

(Material supplied by the editors of Quick Canadian Facts, the handbook of facts about Canada.)

Some 57,550 electric food mixers with a factory selling value of \$1,683,303 were manufactured in Canada in 1952.

HEALTH

Take Care But Don't Worry If You're Going To Europe

Visitors to Europe this summer will be glad to learn from Dr. E. O. Nichols, Jr., writing in an American Medical Association publication, that they need not worry unduly about their health—provided they observe a few simple rules.

First, of course, is seeing to it that they are vaccinated against smallpox before embarking, and immunized against typhoid and paratyphoid fevers. Particularly in the case of children, immunization against diphtheria is also a must.

A thorough physical examination before leaving home is also a worthwhile investment, as is packing an extra pair of glasses and a spare set of dentures with your less essential paraphernalia. Another valuable addition to your luggage is a small medical kit, containing such items as a pain-killer, a mild sedative, a motion sickness preventive, a preparation to alleviate food poisoning or eating indiscretions, and one of the major antibiotics for use only in case of a serious infection—consult your family doctor about this.

"If you have a physical disability or a medical past that might become a clinical future, be certain you get a transcript of your record from your doctor and take it with you," advises Dr. Nichols. "This may prove invaluable, especially in places where English is poorly understood."

That's about all—except to have a good time and leave your worries at home. The rest, relaxation and change of scene can be the best tonic in the world for you.

ODDITIES In The News

Mrs. Constance C. Leyland of Wellesley, Mass., pleaded guilty to a speeding charge but the judge agreed she had a legitimate excuse. She was arrested May 8 while rushing to a hospital to have a baby.

A disgruntled auto thief phoned Sacramento, Calif., police to tell them where he had abandoned a car taken the previous day. He added: "Tell the owner, thanks, but the car's in lousy shape."

Earl Whitt of Louisville, Ky., had an answer ready when the municipal court judge asked him why he took off a sleeping friend's shoes and tie. He said he did it because the friend "looked uncomfortable". Police testified Whitt was wearing the shoes and had the tie in his pocket when they arrested him.

A sow gave birth to 10 piglets at St. Lawrence, England, and two weeks later gave birth to another 14. The first batch now is being raised on the bottle.

1,000 Farm Workers Needed For Ontario

Recruitment of 1,000 farm workers for haying and early harvest in Ontario is under way, J. W. Temple, prairie regional superintendent of the Unemployment Insurance Commission, stated.

The movement will continue until July, although earliest possible contact with the nearest National Employment Office or Agricultural Representative is advised to meet the labour demand and at the same time provide increased earnings for the workers, stated the superintendent.

Applicants must be willing and able-bodied and, while experience at harvesting is preferable, it is not necessary.

A return ticket to the Ontario farming area will cost the applicant a total of only \$21.50. Workers are due to return home before the prairie harvest begins.

The Department of Agriculture in all three prairie provinces are co-operating in the recruiting program.

This marks the 11th successive year of the farm labour movement from the prairies, during which time 11,000 have made the annual trip eastward and returned in time for the prairie grain harvest.

The program has not only helped Eastern Canada to solve its farm labour problem, but has acted as a stimulant to the flow of workers from the East to help handle the western harvest.

DISCOVERED IN 1792

The Smoky River which flows 245 miles from the Rockies to the Peace River was discovered by Mackenzie in 1792.

Canadian Fashion



(Women's Wear Bureau Photo)

This Canadian-made washable butcher linen dress by Jonathan Logan has contrasting piping and a row of buttons marching down the front from just above the waistline.

Quick Canadian Quiz

1. In net value of production, what industry leads in Canada: agriculture, forestry, fisheries, trapping, mining, electric power, manufactures or construction?
2. Quebec farmers earn their largest cash income from the sale of what class of products?
3. Which is the largest all-Canadian lake?
4. How long will it take Canada's population to reach 35 million without immigration?
5. What percentage of Canada's known hydro-electric resources are now in use?

Answers in Another Column

HINT TO MOTORISTS

It is advisable to use new gaskets when installing new spark plugs and also to make certain that the plug is screwed down tightly with a wrench. After the plugs have been installed and used for a short time, they should be tightened still farther to avoid compression leakage.

Man Must Have Stolen The Rails

MONTREAL.—Canadian National Railways recently received what was described as the largest payment of "conscience money" on the company's records.

A \$1,000 cheque issued through a Winnipeg bank was accompanied by a slip of paper with the words "for the transportation department". Name of the person who signed the cheque was not disclosed.

Lack Of Education Claimed Public Enemy No. 1 On Highway

MONTREAL.—A man who has probed all the aspects of traffic accidents for nearly 15 years, claimed that lack of education is Public Enemy Number One on the nation's highways. Coroner Richard L. Duckett, scanning recent toll of 11 fatalities in Greater Montreal, also warned that drivers under 21 seem to be in special need of enlightenment.

"Most motorists fail to realize that careless driving endangers their own lives as well as those of others," the coroner said. "The important question of public safety is too frequently disregarded."

The coroner, long an advocate of greater safety on public roads, has in many instances urged authorities to take stiff actions against incompetent drivers. A multitude of recommendations by juries at the inquests has brought about important amendments to the traffic law. One such amendment was passed two years ago and requires public transportation drivers under the age of 21, to pass extra strict examinations.

Fifteen years ago, Coroner Duckett said, general belief was that taxi

drivers were chiefly to blame for careless driving. "I have since come to the conclusion that taxi men are among the city's most competent drivers," he said. "Generally, the most incompetent are panel truck drivers, particularly the large proportion of teen-agers at the wheel of these vehicles."

"The public transportation law should be extended to small trucks as well. Many such drivers commute between small towns and Montreal. They are careless in their native towns and fail to wise up in the city."

"They lack education," repeated the coroner.

He had no end of favorable comments on recent traffic safety campaigns launched by La Chambre de Commerce des Jeunes de Montreal and the Quebec Public Security League.

Coroner Duckett, in conclusion, suggested a "Code Book of Drivers' responsibilities" such as published in British Columbia and in several European countries.

The book, he said, should contain some 25 commandments, the first being: "Awaken your sense of responsibility with regard to human life."



(By ANNE GOODE)

A plaid or print stole with matching belt will give your solid colored summer frocks a high fashion look. Those in triangular shape are being shown a lot in the New York stores.

Speaking of plaids and prints reminds me of the marvelous shelf-edge plastics for your kitchen shelves, drawers and closets. They come in beautiful patterns and need less to say will last for years and years. All you have to do is wipe with a damp cloth to keep them fresh and lovely as new.

If you'll rinse canned fish—tuna, salmon or shrimp—under running lukewarm water you'll find it really "freshens" the flavor. And for more flavor for your summer fish salads, add chopped cucumber, onion and sliced olives to real mayonnaise, then mix with your favorite flaked fish.

I wouldn't be without a jar of sandwich spread on my kitchen shelf in summer. Added to the mashed yolks of hard-cooked eggs with salt and pepper, it makes the "quickest and best tasting stuffed eggs in town. Spread on crackers, it's a quick snack for the children. I like it on broiled hamburgers, too.

Smile Of The Week

HOPING

"I took my daughter to see her first football match last Saturday and she lost her voice."

"I expect she'll want to go again, though."

"Very likely—but I'm taking my wife next time."

::: APPETIZING RECIPES :::



A custard base, coconut, nutmeg and orange rind combine to make this different Orange Coconut Custard. Serve it in pretty individual custard cups.

Orange Coconut Custard

Three eggs, slightly beaten, ½ cup sugar, ½ tsp. salt, 3 cups milk, 1 tsp. vanilla, 1 tsp. grated orange rind, 1 tsp. nutmeg, ½ cup shredded coconut, ¼ cup ready-to-eat bran cereal.

Combine eggs, sugar and salt; stir

in milk gradually and mix well. Stir in remaining ingredients. Pour into custard cups, place in baking pan with about 1 inch hot water in bottom. Bake in moderate oven (350 deg. F.) for about 45 minutes, or until set. This should make 6 or 8 servings depending upon the size of the cups used.

Helpful Hints

The rugs can be prevented from curling at the corners by sewing a piece of haircloth about six inches square to the underside of each corner.

Before covering the flower pots with colorful crepe paper, apply one or two thicknesses of oiled paper. This will keep the crepe paper from becoming unsightly and discolored.

To prevent the grease from spattering and popping when frying any food, sprinkle a little flour in the frying pan.

If a white summer garment has turned yellow soak in lukewarm water for 15 minutes then use a bleach, following the directions on the package.

During medieval times the Dutch practised a system called "dike or depart". Under this method, any man unable to mend his section of the dike must release his farm to one who could.

Canadian manufacturers annually produce over 700,000 cases of paper towels valued at nearly \$2,800,000.

Man. C.W.N.A.
Award Trophies
To Top Winners

World News In Pictures

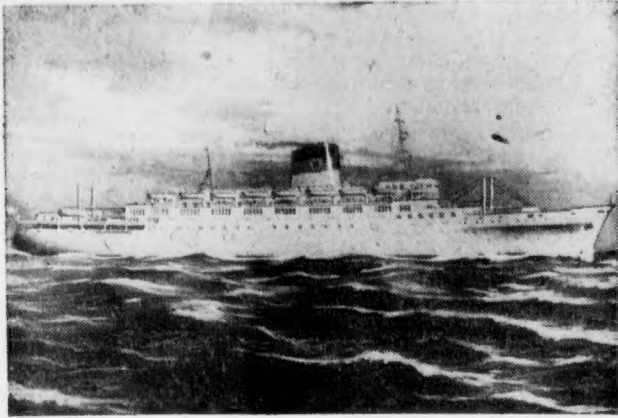
Device Able To
Record Blood-
Clotting Shown

★ ★ ★ ★

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★ ★ ★ ★

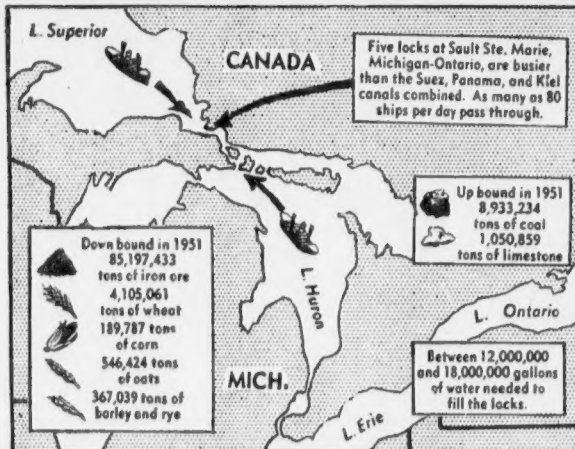
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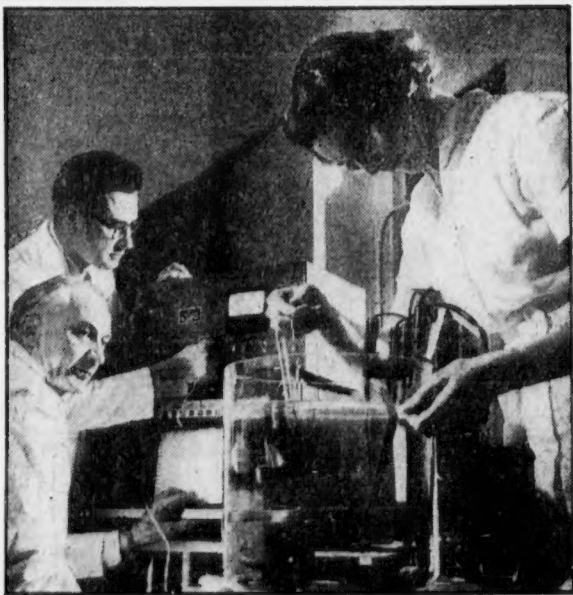
LARGEST SHIP OF HER TYPE in the world, this Greek Line tourist class liner recently launched in Glasgow, will make her maiden voyage to Montreal in October. It is expected the 612 foot ship will be named Queen Frederika in honor of the Queen of Greece. The liner carries 1,228 passengers, all but 138 of them in the tourist class.



LOOK ME OVER KIDS!—This comment might well be the remark of wedding page boy Timothy Dawson, six, of London, England. Seen above, he gets a last-minute checkup before the ceremony while his three small friends look on admiringly.



WORLD'S BUSIEST LOCKS—The five locks of the Sault Ste. Marie Canal are the world's busiest, according to reports tabulated by the Corps of Engineers, operators of the locks. Great bulk of the cargoes are shipments of iron ore bound for the steel mills of America's industrial lower-lake section, other cargoes are listed on the above map. On a record day, as many as 56 ships were re-levelled in one eight-hour shift.



CLOT SOUNDINGS—Recording the speed with which a blood clot is formed, an Ultra-Viscoson is demonstrated above at the Newington, Conn., Veterans Hospital by Dr. Raymond Yesner, at left, and Dr. Alfred Hurwitz, assisted by technician Jean Entwistle. A small ultra-sonic sensing element "feels" the blood. This machine offers new hope to victims of diseases requiring exact knowledge of blood-clotting time.



TOP WINNERS in weekly newspaper competitions for the Manitoba division, Canadian Weekly Newspapers association, are (left to right) D. K. Friesen of the Altona Echo, Clark trophy for commercial printing, and also second best all-round paper in the more than 1,250 circulation class; J. R. McLachlan of the Virden Empire-Advance, best weekly in the more than 1,250 class; Harvey Friesen of the Winkler Progress, best weekly less than 1,250, and George Kroft of the Selkirk Enterprise, best editorial page.



THOUGHTFUL — Many a male would give a penny for the thoughts of pretty Deborah Kerr, seen above, relaxing and pensive on a Hollywood set. Miss Kerr will be seen soon in the movie role of an Army captain's wife.



SWEET SAILING—Flying through the air with graceful gestures is pretty Shirley Cawley of London, England. Seen above, competing in a broad jump, she was one of the many contestants at the Sward Trophy meet in London's Polytechnic Stadium.



TOP DOG — "Master Sgt. Angel Face" steps outside his quarters at Ft. Hood, Tex., to take a look around. The "sergeant" was acquired by trainee members of "Dog" Company as a mascot and will become a member of the company.

LIKES TEACHERS

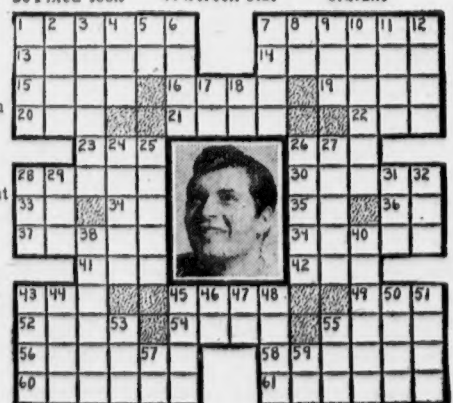
EDMONTON. — Canadian school teachers are quieter and more genial than those in Northern Ireland, says 16-year-old Terry Mills, recent arrival from Bangor, Northern Ireland. He's taking matriculation studies here.

WEEKLY CROSSWORD PUZZLE

Flicker Actor

- HORIZONTAL**
- 1 Pictured actor, — Montgomery
 - 7 He is a — actor
 - 13 Ventilating
 - 14 Form a notion
 - 15 Snare
 - 16 Spur
 - 19 Slave
 - 20 Even (contr.)
 - 21 Painful
 - 22 Small child
 - 23 Sailor (slang)
 - 26 Compass point
 - 28 Mourning
 - 30 Crows weary
 - 33 Paid notice
 - 34 Symbol for thoron
 - 35 Near
 - 36 Musical note
 - 37 Beaten with a cane
 - 39 Reunite
 - 41 Bitter vetch
 - 42 Before
 - 43 Mine shaft hut
 - 45 Burden
 - 49 Wine vessel
 - 52 Covers
 - 54 Handle
 - 55 Arabian gulf
 - 56 Body of land
 - 58 Regret
 - 60 Fared
 - 61 Tendencies
- VERTICAL**
- 1 Fence portal
 - 2 Ireland

Here's the Answer



LEARN TO SWIM

The third of a series of four articles by Bevan Lawson, Saskatchewan Director of Swimming and Water Safety for the Canadian Red Cross.

Well, last week we had you Sleigh Riding, Sand Crawling and Dog Paddling. If you had a chance to practice every day you should be getting quite used to the water by now and ready to learn something new. Keep practicing with the breathing exercise. It is more important than anything else.

Back Float

Every swimmer should be able to swim on his back. It is an excellent way to rest when you get winded. Who knows—someday you may save your own life because you can swim on your back.



First of all, you must learn to lie flat on your back in the water. This sounds easy, but most people have difficulty because they want to look at their feet and this makes them sag in the middle. The head comes out of the water and under they go. The fellow in the picture is doing fine except he is sagging a bit in the middle. Now here we go. Lie flat on your back on the beach, arms at your sides, legs straight, toes pointed, nose pointing straight up. Next move down and lie in the water with your head resting on the beach. Your ears are just under water and your face out. Point that nose at the sky. Your legs and body should start to float. After lying in the shallow water for a while, start digging your fingers in and pull yourself away from shore until your head is not resting on the sand. Don't lift your head whatever you do. Lie flat and push your tummy up. You will be floating even if your heels do sink and touch bottom. Hold this float as long as you can. After you have found out that you can float on your back in about six inches of water, move out to waist-deep water with your back toward shore. Crouch down, until your chin is in the water, hands at your side. Now hold your breath, lean back, put your head back on the water and gently push off into a flat float on your back. If you keep your head back, with your ears under, you should Sleigh Ride on your back for six or seven feet. Keep your arms close to your sides.

How To Get Up

Well, you are on your back, so reach up and grasp your nose, then pull your knees in to your chest and pull your nose and head forward into the water. After a few tries you soon get the idea of curling up so you can put your feet down. When learning this your partner or buddy can help you.

Sand Crawling

This is the same as we did before except that you are flat on your back

Kitchen Meditations

By JANE DALE

TO A SHUT-IN

Dear friend, while you sit by your window
Watching the world go by, day after day,
May you hear the laughter of little children
As they tumble about in innocent play.
May you see the kindly face of a near neighbor
And hear her friendly greeting called out to you.
No matter how many clouds overcast the summer sky,
May you always find out there a patch of blue.
Dear friend, as you sit by your window
Wondering what the day will for you bring,
May you not miss the beauty of the sunshine,
Nor fail to hear the nesting robins sing.
May you see the graciousness of the maple trees,
And the silver in the slanting summer rain;
May you know the joy that comes to each lone heart
When the sun bursts through the darkest clouds again.
Dear friend, as you sit by your window,
With a smile upon your lips for every friend,
May memories of happy moments spent with them
Go with you through the hours to this day's end.
May the love of dear ones warm your heart each day
And bring its own rich blessing to your side;
Then when the sun goes down and darkness is nigh
May God's sweet peace come to you with eventide.

in the water. Reach down with your left foot and dig your toes in to the sand and push. Then your right foot. Keep going, left-right, left-right—soon you won't touch the bottom with your toes and you will be kicking your way along on your back. Don't kick too hard or lift your legs out of the water.

Finning On Back



After you have learned to kick your feet up and down steadily you are ready to learn to "Fin" with your hands. This is an easy movement to learn. Lie on your back on the beach, arms at your sides, palms of the hands against your legs. Now pull your hands up the sides of your legs till they reach your hipbones. With your hand flat and still on edge, turn your fingers away from your body and push sand towards your feet. Repeat this at a steady slow speed. This movement is like taking your hands out of the side pockets of jeans or pants and slapping your legs. Now lie down in shallow water and try it. Keep hands underwater and your head back. See the picture.

Duck Diving

This is fun, for you can Duck Dive and pick up pebbles in shallow water. Start the same as you do for a Jelly Fish Float, only you give a spring out of the water just as you duck your head under. Try swimming under water after a Duck Dive, towards shore, of course. Have you practised your breathing lately? Can you swim 20 feet with the Dog Paddle?

Next week we will tell you how to turn around, turn over, and other stunts for you to have fun doing. Be sure to swim only in safe places and with someone who can help you in case of trouble. Don't ever take liberties with the water.

NEW BLOOD TO HERD

MOOSE JAW, Sask.—The buffalo herd at Moose Jaw's wild animal park has been bolstered by two yearlings obtained from the Elk Island national park near Edmonton. They were brought here to introduce new blood to the herd.

WEEKLY BIBLE COMMENT

PAUL PREACHED FREEDOM, BROTHERHOOD

Freedom and brotherhood are terms that need a lot of careful definition in the difficult times in which we are living. And there is no better guide to an accurate and workable definition of this term than the writings of the Apostle Paul.

Paul puts a great deal of emphasis on freedom. He had been a legalist, and the meaning of his conversion to Christianity had been the discovery of a new freedom. Religion became a matter of the heart to him. It concerned faith more than formal observance that lacked the spiritual reality.

When he lists the fruits of the spirit: Love, joy, peace, suffering, gentleness and goodness, his comment is final. He says, "Against such there is no law."

That is the essence of Paul's philosophy of freedom. It is always associated with goodness.

"The law is our schoolmaster," he declares, "to bring us to Christ." He adds, "Christ is the end of the law for everyone that believeth."

What Paul says concerning liberty in relation to Jewish law is true of liberty in relation to all law. Their relationship to liberty makes all laws either a curse or a blessing.

The freedom to do right is a very real freedom and all laws that suppress that freedom are bad.

Freedom and brotherhood were associated with each other in Paul's religion. The life that was lived in the path of freedom was fulfilling the law.

"All the law is fulfilled in one word, even in this: Thou shalt love thy neighbor as thyself." That phrase expresses the feeling of brotherhood without any limitations.

Some persons claim that Paul's practicing of brotherhood was limited to the community of Christians. It is true that Paul did regard Christians as owing a special obligation to one another.

But the word "neighbor" meant the same thing to him that it meant to Jesus when He told the parable of the Good Samaritan.

SPEEDS TRADE

The average ocean cargo ship now travels at 14 knots an hour compared with 10 before the last war.

Ten Word INTELLIGRAM

Check the correct word.

1. Typhus is a (disease) (typesetter).
2. (Wilson) (Lincoln) is buried in Washington, D. C.
3. In 1789 congressmen were paid (\$6) (\$20) daily.
4. (12) (9) senators have become Presidents.
5. (Dark Star) (Native Dancer) won the 1953 Derby.
6. (Payne) (Foster) wrote "Home Sweet Home."
7. Israel is in (Africa) (Asia).
8. (November) (December) 7 is Pearl Harbor Day.
9. An asteroid is a (flower) (planetoid).
10. Methusala lived more than (800) (1000) years.

Check your answers, scoring yourself 10 points for each correct choice. A score of 0-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

Answers to be found in another column on this page.

VIRGIL



PRISCILLA'S POP—Pop Finds a Way



The Sports Clinic

(An official department of Sports College)
Conducted by Lloyd "Ace" Percival

How To Field Ground Hit Balls

Not long ago the Sports College staff staged a study of a large group of players as they took part in a number of fielding tests. This study soon showed that practically every one of them had one special fault in common, namely, going in to meet a ground hit ball with their body in too high a position. This caused them to make many errors for the simple reason that they had to stoop over at the last moment to reach down for the ball. As a result, their fielding was cramped and hurried—their balance was poor and their visual judgment was interfered with because their eyes were looking too much down at the ball. They were looking across the flight of the ball.

The correct idea is to move in toward the ball with your body as low to the ground as possible. You can do this by running with your knees flexible and well bent and your upper body leaning well forward. Then, when you are just about at the ball you concentrate on getting down as close to the ground as you possibly can.

The big advantage of getting into a "close to the ground" position is that your eyes will be closer to the same level as the one on which the ball is approaching and this is a great help to you in judging its bounce and speed properly. Then too, you will not have to stoop over to get the ball which is all to the good because when you stoop over at the last moment you ruin the smoothness and effectiveness of your fielding action because your balance is destroyed. You are likely to stumble or mix up your step. Remember, don't go in for that ground hit ball with your body high. Instead, go in as close to the ground as you can, especially during those few moments before you reach the ball.

Learning To Float—A Must!

No matter how good a swimmer you are, try to learn how to float as well as you possibly can. A person

who can float will rarely get into trouble and he will be able to make a much better job of helping someone else. Learning to float really well does a great deal to destroy fear of the water. It builds confidence and helps you in many other ways. Start right now to learn to float. Being able to swim and float will give you a real confidence in your ability to take care of yourself and your friends—so learn now!

Relax When Attacking The Net

The tendency among tennis players when attacking the net is to develop tension. This is noticeable in the way the neck and shoulders tighten up and the grip on the racket becomes accentuated. A loose, relaxed position seems to aid skill at reacting quickly and making effective shots. Tension seems especially detrimental to hitting good overhead shots. Move in loose.

Sports College was set up as a research and instruction service to bring the most up-to-date information on sports, health and fitness to as wide an audience as possible.

Dedicated to improving Canadian standards of fitness and sports efficiency, it is organized as a non-profit public service. To take full advantage of the many Sports College services just send a letter to: Sports College, Box 99, Toronto 1, Ontario. Membership is free and open to anyone.

LIFE OF TREES

Poplars are the fastest growing and shortest lived of all trees with an average span of only 10 to 15 years. Sequoias have the longest life expectancy.

DECODED INTELLIGRAM

1—Disease. 2—Wilson. 3—\$6. 4—12. 5—Dark Star. 6—Payne. 7—Asia. 8—December. 9—Planetoid. 10—800. 3043

Ticklers

—By George



"I told the guy at the employment office I liked to work around water!"

By Len Kleis



—By Al Vermeer



Conquerors Of Everest May Turn Their Adventures To Sea

(By Reuters News Agency)

With the conquest of Everest, adventurous man now turns, from the roof of the world to the depths of the sea. Thirty years of bitter failure passed before New Zealander E. P. Hillary, 34, and the Sherpa guide, Tensing Norkay, 39, planted the flags of Britain, the United Nations and Nepal on the 29,002-foot summit of Everest.

Now five days later scientists and explorers are discussing the ocean beds and laying plans to probe their secrets so that no part of the globe remains hidden in the shadows before the light of 20th century progress.

"Explorers must now turn their attention to the undiscovered depths of the ocean," Sir Douglas Dawson, famous Australian Antarctic explorer, said in Adelaide, Australia. The fields of physical achievement are becoming fewer, he said, but the ocean re-

mains "a great unknown sphere."

Taking him at his word is the shaggy-moustached Belgian scientist, August Piccard, 69, virtually the only man today constantly delving into the mysteries of the sea.

At the French naval base of Toulon secret tests are being carried out with the 10-ton steel diving bell in which Piccard plans to explore the ocean bed at a greater depth than ever before.

Piccard plans to go down nearly 10,000 feet this summer off the Italian island of Ponza, near Capri. This is nearly 7,000 feet more than the record set up by U.S. explorer Charles William Beebe off the Galapagos islands in 1934.

Piccard will explore unknown plant and animal life with the help of powerful searchlights attached to his new, Italian globular bathysphere.

In 1948, he abandoned a projected 13,200-foot descent off Cape Verde Islands because his bathysphere was damaged in a trial dive. Now Piccard says that at the end of the Ponza expedition, he may make a balloon ascent to 100,000 feet — to find out whether life exists on Mars.

But the world has not forgotten the achievement of the men still on the icy walls of Everest.

Lemons Have Varied Uses Around House

Full of precious vitamin C for good health, full of flavor as they are, lemons are ready to do a good job around the house as well.

We were chatting with an expert on household metals, and he told us that one way to clean copper or brass, and an easy way it is, calls for rubbing the surface with a cut piece of lemon and salt. Then wash carefully with warm water and polish with a dry cloth. To clean aluminum pots that have become dull or black, just fill with water, add a sliced lemon and boil.

Cut glass is very fashionable again and it is good to know that a cut lemon rubbed on cutglass will remove the grayishness that is apt to obscure its brilliance.

And a good laundress tells us that there's a simple trick for keeping blankets beautiful when they're being washed. All she does is to use lemon juice in the rinse water in the ratio of the juice of one lemon to each two pounds of blanket. This simple expedient helps maintain resiliency and helps counteract shrinkage.

Lemon has plenty of other uses in the laundry, we have discovered. For one, it is a good idea to use full-strength lemon juice on white wash fabrics to remove lipstick stains. On colored wash fabrics, dilute the juice.

To do a good job of bleaching linen or muslin, moisten with lemon juice and spread on the grass in the sun. To remove fruit, ink or rust stains on material that is both washable and colorfast, rub spots well with lemon juice, cover with salt and place in the sun. Repeat process if necessary.

When cotton, linen or rayon has been grayed or yellowed by improper washing and rinsing, add the juice of one or two lemons to each three quarts of rinse water.

In washing silk lingerie, rinse every third time in water to which lemon juice has been added (one tablespoon lemon juice to each gallon of water). You'll find that this gives life and brilliancy to silk. We noted that the effect seems to hold through three launderings.

Strictly Fresh

A Boston lady asked for a divorce when her husband threw his false teeth at her while in a rage. No sweet tooth there, eh!

A thief in Houston, Tex., stole a six-foot boa constrictor from the city zoo. Now what kind of a snake in the grass would do that?

A surgeon claims stiff, straight military posture is wrong. He pre-



scribes a crouching attitude of "retreat". Did you ever see a hen-pecked husband doctor?

Owners of a mink farm in the east protest work on a nearby road, say the vibration will frighten mama minks. Don't they know that mink won't shrink?

THE SILKWORM

A silkworm must make about 300,000 turns in spinning a single cocoon and the threads from just 40 cocoons would reach completely around the earth.

Honey Is Energy Food

The Sports College at Toronto—an institute unique in the world—which includes amongst its activities research work in the field of health, training and sport techniques, reports some remarkable experiences with honey. Honey—it states in its Research Guide—is an ideal natural food for athletes and is an unsuspected source of energy. It contains a natural mixture of various sugars, including fructose and dextrose, both veritable sources of energy. Honey can be consumed immediately prior to heavy physical effort and also between closely-following periods of physical effort, without causing any digestive upsets. One tablespoon of honey contains 100 calories; a corresponding amount of ordinary sugar no more than 50. This high caloric value was found to be of great value to athletes in strict training and those taking part in contests.

Honey is among the oldest-known foodstuffs at our disposal. Even so, there are large numbers of people who never use it because it is dearer than sugar. So it is, but then sugar is produced by modern production methods, in large factories and on the conveyor-belt system, whereas the nectar from flowers has to be gathered drop by drop . . . and these much smaller than a pin's head.—Brandon Sun.

Scientist Sees More Gasoline Mileage

CHICAGO.—A petroleum scientist says that a 40 per cent. increase in gasoline mileage is possible in the foreseeable future.

Dr. Gustav Egloff said the goal will be reached when automobile engines having a 12-to-1 compression ratio and requiring 100 octane gasoline come on the market.

Egloff said that, at the present level of consumption and price of gasoline, the saving to the motoring public will amount to \$4,500,000,000 annually.

Moral Of A Blackbird

A baby blackbird fell out of a nest and was rescued by a nine-year-old California school girl. It has since become so thoroughly domesticated that now, at six weeks old, it takes a hand, helping or otherwise, in the little girl's homework, and in general is described as "practically ruling the roost" in the household which adopted it, or vice versa, as the bird seems to view things.

One of the most striking features of its adjustment to a new life, however, is revealed by the comment that "the poor bird would starve" if its young benefactress didn't "cut up her worms and serve them on a plate."

There seems to be a moral in this somewhere, but no doubt only a reactionary would dwell on it.—Sault Ste. Marie Star.

Water Wisdom!



London Is More Fun In Fog Than Most Towns With Sunshine

LONDON.—Every town you pass through in your life gives you a feeling—grim or gay, depressed or happy. London is more fun in a fog than most towns are in clear sunshine. It has a sense of adventure, an air of anything-can-happen. It is the town of the long purpose, and the purpose is to endure. It takes everything in stride, because for centuries it has expected that its biggest problem will be the unexpected. This is why the British rarely show curiosity or surprise.

It is a polite town, one in which the surest way to lose face is to take undue advantage of your position. The waiter always says, fork or a napkin. But if you bawl out a waiter, everyone in the place will look at you as if you had slapped your wife in public. You don't bawl out anybody out loud in London—you lower your voice, and put an edge in it. The right tone does more than a holler.

Paris is a high sweet note, but London is a deep chord, a music with the heavy beat of time behind it. Paris is a splendor, London is a gray grandeur.

It is a town where they don't merely because they are old. People here don't think of history only as something that happened to their ancestors; they feel themselves a part of it, and they are a part of it.

It is perhaps the best town in all the world to walk in. So many won-

derful shopping windows to look into, so many old winding streets to explore, so many quaint alleys, mews, purliers, and places to wander in, toy lanes of wonderment — and a flowerbox in almost every window to brighten the dull days.

Did Robert Browning stroll here, his head a tumult of poetry over Elizabeth Barrett? Why, here is the same tavern off Fleet street where Samuel Johnson nourished his spirit.

London is an exciting town, a romantic town, full of the tang and vitality and love of living, where the past is never finished or forgotten, and the future still unwinds in hope. It is a bittersweet town of shine and shower where the breed stands firm in any weather, a town I always like to see and always hate to say goodbye to.

Lima, capital of the Republic of Peru, is known as the "City of Kings".

On The Side : By E. V. Durling

Insurance protection against legal action in case of your dog biting somebody is about \$10 per annum for \$10,000 coverage. This policy also protects you in certain cases in which your wife, son or daughter or yourself cause injury to somebody else. As for example, it protects you if you slice a drive on the golf course and hit a caddy or another player in the head.

Demand for Polygamy

In Western Germany there are now three million more women than men. Women there without husbands are campaigning for legalized polygamy. They believe sharing a husband is better than having no spouse at all. These unmarried women are particularly demanding that those who are married agree to share their husbands. In brief, it is a "share the husband" campaign.

Where \$28 a Week Is High Pay

The highest paid workers in British industry receive the equivalent of \$28 a week. However, money has three times the purchasing power over there, so that is equal to \$84 a week in the United States.

Double Feature Blessed Events

The woman most likely to have twins at her next blessed event is one who is in her thirties and married to a man of Irish birth or descent. Incidentally, this year is unusual for the number of twins born. So women answering the above description now have an added chance of having a double-feature blessed event.

Royal Road to Slimness

Am asked if I have tried a Turkish bath as a weight reducer. Never have. No doubt a Turkish bath can be beneficial in several ways, but it has no value as a weight reducer. Any weight reduction achieved by a Turkish bath is only temporary. The weight soon comes back. Only type of weight reduction I have ever tried is eating less. That's the one certain system. Incidentally, those green pills used for weight reduction decrease the appetite. So that is an "eat less" system, too.

A Test for Nerves

Have you steady nerves? How do you think you would hold up during a steeplechase race if you had a chance to win a million dollars on the result? Six years ago, in England, a man had a two-horse parlay on Jockey Treble to win the Lincolnshire and Double Sam to win the Grand National. Odds on Jockey Treble were 100 to one. On Double Sam, 500 to one. Bet was the equivalent of \$20. Jockey Treble won the Lincolnshire. So the man had \$2,000 at 500 to one going on the Grand National. He had a chance of winning \$1 million, tax exempt! Double Sam was running strongly in fifth place a couple of lengths off the leader when the field approached the 28th jump. At the 28th jump Double Sam fell.

Inaudible Dog-Calling

Note it reported that Col. J. H. Williams who lives on a farm, claims to call his dogs by "thought waves". For example, if one of the dogs is not in sight and may possibly be a mile away, the colonel concentrates mentally on him. In a short time the dog appears. It never fails, says the colonel.

Parents Could Not Stop Girl's Music Studies

NEW YORK.—Do you know the Metropolitan opera star who ran away from home at the age of three for the sake of her career?

Or maybe I should put it this way: Most little girls get spanked because they won't play the piano but this little girl got spanked because she would.

She is Delia Rigal. She has sung nearly 100 times at the Metropolitan in three short seasons. Her success is not so surprising because she began to plan for it early and furiously.

"When I was three and four my mother tied me to the staircase to keep me from the piano but it didn't do any good. My brothers and one sister, all of them older, would worry, my mother would worry: Where is she? They knew where to look! They'd catch me and have to tie me to keep me from playing music!"

You've heard of Miss Rigal in 10 different roles at the Metropolitan. In Buenos Aires, her birthplace, she has taken 15 to 20 bows for her popular "Traviata", and on top of that police were called in to handle the crowds.

Her interest in music pleased the senior Rigals all right, but the truth is, the piano was at a neighbor's and they did not like her to run away. They had a record player and Miss Rigal learned her first aria singing with the recording.

"In all my dreams, even when I was very little, I wanted to be a concert artist," she says.

She came here speaking Spanish, Italian and French. Now she's rapidly mastering English. You always understand her English and always enjoy it, even though it isn't always the schoolbook kind, as when she says: "All my life I had a very big failing for music . . ." meaning she couldn't do without it.

But she also claims: "I think I am a really woman." She is a really looking one, with black hair, big brown eyes, piquant features and a lot of animation. She likes an apartment of her own with her own furnishings: she likes to cook and to design her clothes for both street and stage.

She made her operatic debut in 1942 at the Teatro Colon in Buenos Aires as Maria in "Simon Boccanegra", and her La Scala, Milan, debut in 1948 in the title role of "La Traviata".

She was a truly regal Rigal as Elizabeth in "Don Carlo" at the Metropolitan on opening night in 1950 when Rudolf Bing also was making his debut as general manager. In that first season alone in New York and on tour with the opera company, she sang 43 times.

When she studies a part, she likes to work it over for a few months, put it aside, then return to it, letting it thus ripen. She says she lives each part:

"It's impossible for me to be Rigal . . ." She taps Rigal emphatically. "I must be Nedda, or Elizabetha. And in 'Traviata' I feel like having tuberculosis . . ." and she coughs.

GEMS OF THOUGHT

GREATNESS

Only those men and women gain greatness who gain themselves in a complete subordination of self.

—Mary Baker Eddy.

A really great man is known by three signs—generosity in the design, humanity in the execution, moderation in success.—Bismarck.

He is not great, who is not greatly good.—Shakespeare.

Great men are they who see that spiritual is stronger than any material force; that thoughts rule the world.—Emerson.

Nothing can be truly great which is not right.—Johnson.

No man has come to true greatness who has not felt in some degree that his life belongs to his race, and that what God gives him he gives him for mankind.—Phillips Brooks.

INTERESTED IN ECONOMY?

"Variety meats" is the term used by nutritionists to describe what many people consider very tasty and economical pieces — heart, tongue, liver, kidneys and brains. These can be made into very savory dishes, greatly favored by the people of many countries. These meats are rich in the nutrients necessary to health, even more so than some of the more expensive cuts.

OUR COMPLETE SHORT STORY—

IN THE SPRING

By KERRY WOOD

SLOWLY he took up the pen. He stared at the blank sheet a moment, his lean dark face reflecting the emotional turmoil. Then he swiftly wrote the traditional heading: Last Will and Testament. The finality of the words made him pause and stare out at the miracle of another springtime. But his mood was somber.

The bequests shouldn't take long, he thought, listing his few relatives and allotting his possessions impartially.

But what about Lucy? Ah, yes—Lucy! The way she smiled, with her eyes full of sparkling lights. Her laughter which came so often. Yet she knew when to be serious, too. Lucy was a loyal one, dependable at all seasons. It was too bad that he hadn't seen much of her lately.

"I'll put her name down," he decided, pleased with the decision. He wrote busily.

The pleasant interlude was finished. Again the sharply chiselled features revealed inward trouble. What about Jennifer?

He shook his head, his mouth hardening. No need to mention her at all!

Yet it was really Jennifer who had caused him to take this step. Jennifer... with her lazy eyes, screened so silkily to convey so much subtle meaning. And her full lips, so promising and yet—so demanding. She was slow to laugh, and her laughter often hurt—this last time, it had hurt deeply. No! He would not write Jennifer's name in this document.

Now: "Directions for the funeral."

Helps You Overcome FALSE TEETH Looseness and Worry

No longer be annoyed or feel ill-at-ease because of loose, wobbly false teeth. FASTERETH, an improved alkaline (non-acid) powder, sprinkled on your plate holds them firmer so they feel more comfortable. Soothing and cooling to gums made sore by excessive acid mouth. Avoid embarrassment caused by loose plates. Get FASTERETH today at any drug store.

Fashions

Beginners, Look!



4656 2-4

by Anne Adams

TWO main pattern parts for the sundress, ONE main part for the bolero! The EASIEST of cutting and sewing. Gayest, most useful fashion in any little girl's warm-weather wardrobe. Choose a pretty cotton, add contrast rickrack 'round the hem, pockets, bolero.

Pattern 4656: Children's Sizes 2, 4, 6, 8. Size 6 dress 1½ yards 35-inch; bolero, ¾ yard.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,
Prairie Publishers Limited,
60 Front Street W., Toronto.

He wrote the four words and stared at them solemnly. They recalled memories of funerals he had attended, each with its own poignant sadness. His mother's death, then his sister's, and Jimmy Dowler, Millie Foss, Bart Domoney. The tearful people, the cloying smell of flowers, and the organ quavering a dirge.

Music meant a great deal to him. At evening he loved to finger the piano, finding peace in the chorded melody. Often he turned to the phonograph, playing records that suited his mood. His tastes were self-formed, his enthusiasms varied. He liked piano classics, old folk airs, the primitive throb of Latin American music. But best of all were the full-bodied symphonies.

"I'll even direct what music they're to play—They can use records from my collection and play them on my machine. Of course, a real orchestra would be best."

His face became wistful. He had never attended a symphony concert. The farm was so far from the music centres, and time and money—As recompense, there had been the magical presence of the radio and his beloved records. He brusquely dismissed the orchestra idea: records would do. He grinned as he thought about one album, recordings by a vivacious Brazilian orchestra. He almost laughed, picturing the effect. Then leaned over the paper.

"Play the latter end of Beethoven's Pastoral Symphony, starting with the Jolly Gathering of Country Folk and ending with Gladsome and Thankful Feelings after the Storm." That would be ideal, since he was a farmer. It'd please almost everyone, too. That settled, he wrote swiftly:

"Bury me in the lovely glade beneath Berry Hill on the back part of the farm, just about the brook. Don't bother about a headstone, but plant a young maple. Some of my earthly remains will go into its growth and every spring I'll be reborn again."

Pleased, he read over the document and signed it with a flourish. He felt better; a lot better.

"Now I can forget about it. After all, if I last the normal span, there's still another 40-odd years ahead of me!"

He began whistling the love song from Schubert, but stopped abruptly when he remembered that the flirtatious Jennifer had just broken his heart with her cruel laughter when she said no.

"Maybe it's just as well," he muttered, staring moodily out the window. "Man, it's a grand evening! I'll bet a hatch will be on the creek, right now. The trout'll be rising mad."

Eagerly, he reached for his rod and reel.

"I could call for Lucy on the way, too—it'll be good to see her."

Whistling the love song, the young man hurried across to the neighboring farm.

(Copyright Wheeler Newspaper Syndicate)

Indian Population Up 10,000 in Canada

OTTAWA.—Canada's Indian population has increased approximately 10,000 since the last Indian census four years ago, a spokesman for Indian affairs disclosed.

Figures in 1949 showed the country's Indian population at 136,400. Today it is nearly 146,000.

According to the last report, Ontario had the largest number of Indians, 34,500; British Columbia was next with 28,000, while Prince Edward Island had only 270 Indians listed.

Do You Know That...

A bald eagle's nest may weigh as much as a ton, for the eagle adds to the nest each year.

Berry-Pickers Excursion In Operation Again

The annual berry-pickers excursion from Alberta and Saskatchewan to British Columbia is again under way, with one of the largest berry crops in the history of the Fraser Valley in prospect.

L. J. Hutchison, Director of the provincial farm labour division, said the excursion fares are the same as last year. The single one-way fare to B.C. is \$10.00 and the fare home is \$5.75 making a total of \$15.75.

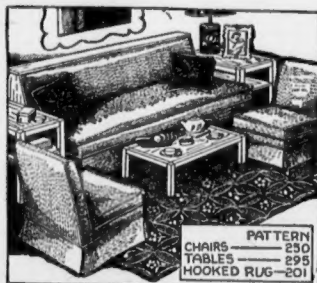
Recruiting of berry-pickers, women of at least 18 years of age, is being done through National Employment Service offices in Regina, Moose Jaw, Swift Current, Yorkton, Saskatoon, Prince Albert and North Battleford. Those who obtain tickets independently will have no basis for obtaining refunds.

Although it is hoped excursionists will remain in B.C. until the berry harvest is completed, Mr. Hutchison said teachers and others who have reason to do so will be able to return at reduced fares any time after August 15. The return limit is November 30.

Agricultural experience is an asset in the work but is not necessary. Batching quarters are supplied at each berry farm.

Further information is available from Agricultural Representatives or offices of the National Employment Service.

Home Workshop



Make Your Home Furnishings

Hobbies are fun and they pay dividends when the results are rugs and furniture. Pattern 250 for the chairs shown here, 295 for the coffee and end tables, and 201 for the hooked rug are 35 cents each. The patterns give complete working details with material list and cutting diagrams.



Ten Jig-Saw Novelties

A serving basket for nuts or whatever! The pretzel holder is a scream! Ten original novelties you have never seen before. All to be decorated in gay colors as indicated on the pattern. Just trace the patterns on to the wood, saw them out and decorate. Fun for the whole family. Price of Pattern 376 is 35 cents.

Send thirty-five cents (35c) for each pattern. Write plainly Name, Address and Number of Pattern. Send orders to:

Home Workshop Pattern Service,
Prairie Publishers Limited,
4433 West Fifth Ave., Vancouver, B.C.

INDUSTRIAL CENTRE

WINNIPEG.—Winnipeg was Western Canada's most heavily industrialized city in 1952, according to the industrial development board of Greater Winnipeg. A total of 34,539 persons were employed in manufacturing here, equal to 9.7 per cent. of the population. 3043

Indian Reservations Should Be Abolished

MONTREAL.—Indian reservations should be abolished and Indians given the opportunity to live in places of their own choosing, Dr. P. E. Moore, head of the Indian Medical Services Department, Ottawa, said here.

Addressing the annual meeting of the Canadian Tuberculosis Association, Dr. Moore said the T.B. rate among Indians is being reduced.

However, it was one thing to cure them of T.B. and another to try to

solve their economic problems.

"People won't hire Indians as maids in their homes because it is believed that almost every Indian is a carrier of tuberculosis," he said. "This is a fallacy."

INDIANS GATHER

VICTORIA.—Indians from all over British Columbia will attend the opening this autumn of an authentic Coast Indian house built by chief Mungo Martin, 74-year-old totem carver, in Thunderbird park here. Indian braves will chant ceremonial songs to the beat of tom-toms.

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\$10,000.

ALL-CANADIAN

Happy Holiday Contest

Make this year's holiday the most wonderful ever! Here's your opportunity to go where you want, when you want... your opportunity to win cash and merchandise that'll make your vacation one to remember!

WONDERFUL PRIZES! For 9 consecutive weeks—every week until July 11th—Blue Bonnet Sue's Happy Holiday Contest will be giving away super cash prizes... plus the latest "Comet" Aeropacks by the famous McBride baggage people... plus Northern Electric's thrilling new "Sportsman" portable radios! 207 winners in all!

CONTEST IS EASY! All you do, state in 25 words or less why you like Blue Bonnet Margarine best. Enclose 2 end-flaps with Good Housekeeping Seal of Approval front packages of Blue Bonnet, or facsimiles. Mail with your name and address—and that of your grocer—to BLUE BONNET SUE, HAPPY HOLIDAY CONTEST, P.O. BOX 2120, TORONTO, ONT. Complete contest rules at your grocer's.

GET STARTED TODAY! You can enter every week, as often as you like each week! Plan to keep your entries coming right up to the closing date of July 11th!

23 BIG PRIZES EVERY WEEK!

- 1 \$500 cash first prize every week!
- 1 \$100 cash prize every week!
- 1 \$50 cash prize every week!
- 5 \$10 cash consolation prizes every week!

Plus 10 McBRINE

"Comet" Aeropacks every week! Made from exclusive Duralite vinyl, with handsome leather trim. Highly scuff-resistant and extremely strong. Light weight, airline-approved; washable. Smart, modern taper-shape, and rich shot-silk lining. 4-hanger dress fixture. Moisture-proof pocket!



Plus 5 NORTHERN ELECTRIC

"Sportsman" portable radios every week! Northern Electric's very latest, 6-tube instant-playing portable! Special Ferrite-Rod antenna, and R.F. stage. 3-way operation—AC-DC and Long Life Battery. Beautiful maroon styrene cabinet.



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Blue Bonnet Sue Happy Holiday Contest
P.O. Box 2120, Toronto, Ontario

Enclosed please find, stated in 25 words or less, my reasons for liking Blue Bonnet Margarine best, also two end-flaps, each with the Good Housekeeping Seal, from packages of Blue Bonnet Margarine, or facsimiles.

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My grocer's name and address



80-9534

—By Les Carroll



Level Land

Many from this district left Friday for Lacombe to attend the S.D.A. Camp Meeting which started then, at College Heights.

Many of the Beiseker district took in the Wetzel-Beckthold wedding at Lacombe last Tuesday evening.

Chris Roth of this district went with his brother, Adam Roth to North Dakota for a short visit. While there they will visit many friends and relatives.

Mrs. Norman Taylor of Hinsdale, Ill. is visiting in this district with her brothers, the Leiskes, and in the Bentley district with her sister, Mrs. Wetzel and in Lacombe with her mother, Mrs. Carolina Leiske.

Mr. and Mrs. Joe Loran of Kelowna, B.C. were visiting with the S.D.A. church and Acme.

Mrs. Sam Leiske and Mrs. Clarence Suelzle returned Saturday night from their trip. They report a good time.

Clifford Schaber returned last week from Pacific Union College at Anquin, California. Clifford is finishing his secretary course there.

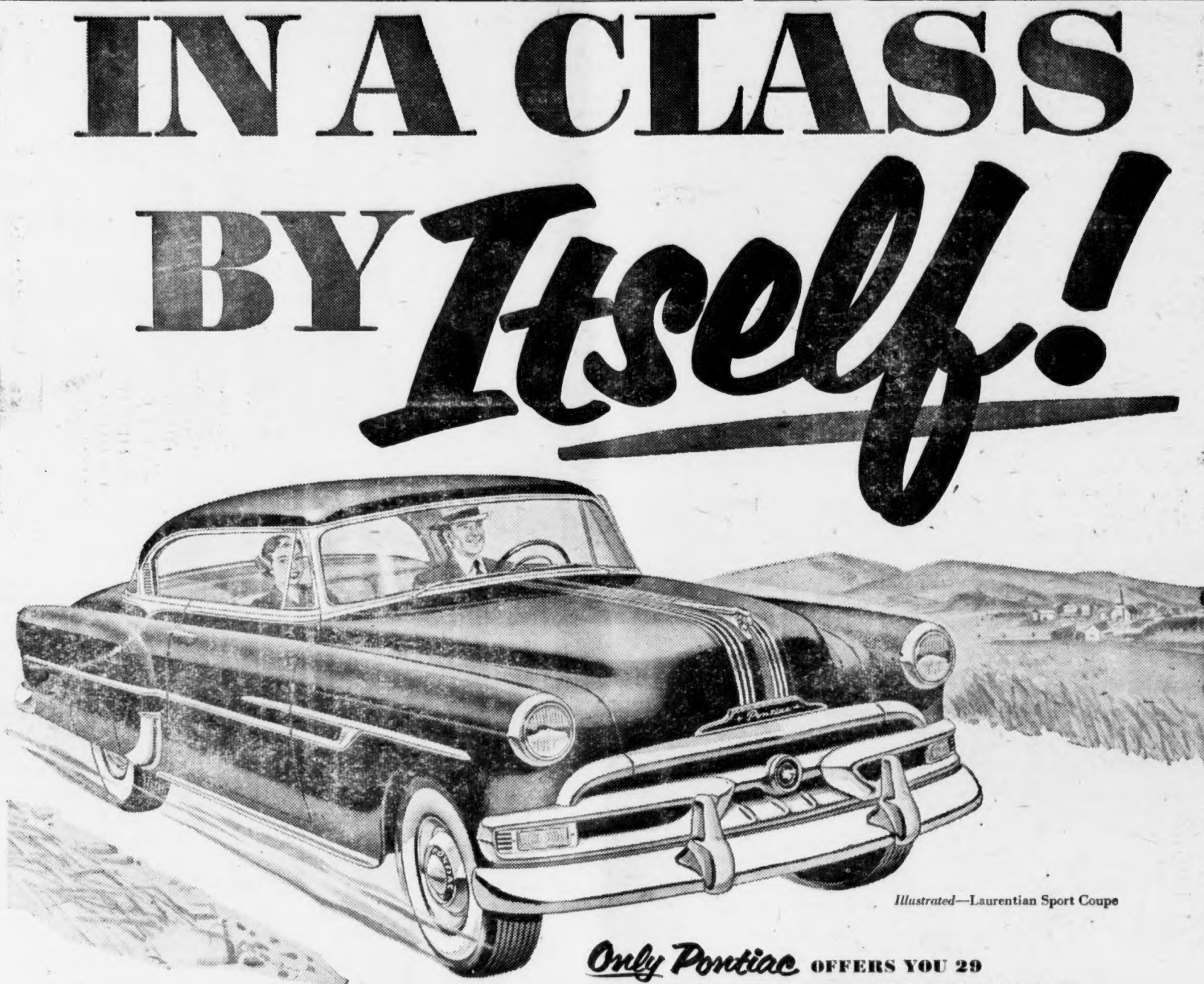
Mrs. Bill Fisher of Bowden was visiting with her sister, Mrs. Dan Saylor during the week.

Mr. and Mrs. Benny Huether and Carlo returned June 28 from their trip to California, Oregon and Washington.

Mr. and Mrs. A. L. Buchminnlei of Lodi, Calif. were visiting over the weekend with old acquaintances in this district.

Mr. and Mrs. Loren Davies of

College Place, Washington were visiting for a few days in this district with Mr. and Mrs. Fred Grabo. Mrs. Davies is better known as Bertha Will and a sister of Fred Grabo. Mr. Davies is the plumbing and heating engineer of the Walla Walla College. Mr. and Mrs. H. C. Davies of Jackson, Montana were also visiting with them. Mr. Davies runs a cattle ranch in Montana.



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Pontiac high-compression engines, for instance:

Pontiac's great 8-cylinder engine is General Motors' lowest priced Eight and the most highly perfected engine in the industry. And Pontiac's thrifty Six has dramatically increased horsepower for smoother, more sparkling performance than ever before.

Remember, too, that Pontiac for '53 offers you new Power Steering as an option at extra cost. Truly, no other car in the price range it brackets can compare with Pontiac for all 'round value, dependability and advanced features.

See your Pontiac dealer and find out for yourself!

Only Pontiac OFFERS YOU 29 BEAUTIFUL MODELS TO CHOOSE FROM

Here's just one reason why Pontiac has won a leading place in public favor more quickly than any other car! Only Pontiac offers you 29 beautiful models to choose from...

each a masterpiece of design and craftsmanship. And no other car can match Pontiac's dazzling rainbow of exterior colors, two-tone color harmonies and luxurious, color-keyed interiors. What's more, extra roominess has been cleverly engineered into every 1953 Pontiac without increasing over-all size, and such advanced features as crank-operated front Venti-Panes and handsome Panorama-View instrument panels are standard equipment in all models.

Only Pontiac OFFERS YOU 5 GREAT SERIES

Here's more proof of Pontiac's all 'round superiority. Only Pontiac offers you a selection of 5 great series—the Pathfinder, Pathfinder Deluxe, Laurentian, Chieftain, and Chieftain Deluxe. Again, only Pontiac offers you a choice of TWO great automatic transmissions! The new, finer Powerglide, optional at extra cost on the Pathfinder Deluxe and Laurentian series, gives new, flashing acceleration, greater economy and new over-all performance. And spectacular Dual-Range Hydra-Matic Drive, optional at extra cost on the two Chieftain series, gives you exactly the power you want, where you want it, when you want it!

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